

comfortable LIVING

FALL 2026



El Niño Weather Watch:

Keeping Your HVAC Safe and Clean

Warm temps and a whole lot of humidity have seemingly moved from Florida to Southern California this fall. Furthermore, the scheduled El Niño on its way is also predicted to be a monster. Even Air-Tro CEO Bob Helbing has quit referring to this weather pattern as El Niño ("the child") and is now walking around the office calling it "El Hombre." We think you're on to something, Bob!

Whatever your word preference, for anyone with central HVAC, condensation and its pitfalls are going to be another theme of this season. Indoor air is not going to have a whole lot of opportunity to dry out, risking mold and other contaminant growth, especially in areas without good ventilation. Without the



familiar dry weather we're used to, your HVAC is also going to be at risk.

Moisture accumulates on coils and other air conditioning equipment when water can't evaporate. In turn, this can lead to condensate drain blockages. As you also might have guessed, standing water can foster bacterial growth and impact indoor air quality. And even if your system is draining as it should, HVAC generally has to work harder to wring all the humidity it can out of the air before circulating it throughout your home.

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Joke Time!

Q: Why did the turkey cross the road?

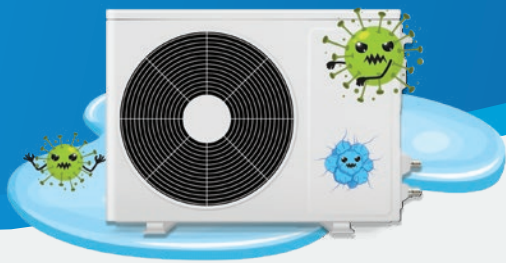
A: To prove he wasn't chicken

Q: What is a Mummy's favorite type of music?

A: Wrap

Q: What's the ratio of a pumpkin's circumference to its diameter?

A: Pumpkin Pi



El Niño Weather Watch
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Bottom line? Don't take a chance.

Small problems left unattended can lead to expensive headaches later. Change filters regularly to cut down on the kinds of airborne bacteria that can lead to or promote an existing mold problem. Get your system inspected for blockages, leaks, and other issues, and schedule service if you need it. Remember, drain lines often can be easily cleared and cleaned with high-pressure nitrogen, eliminating overflow risk. Consider installing a condensate float within

your system, an easy upgrade that turns off the power to your HVAC automatically if it is at risk for overflow.

Healthy air is dry air. Whatever the weather, protect and preserve your air conditioning with regular maintenance and smart interventions as needed.

In other words, vacation in Florida, but don't turn your home into Tallahassee. Leave the puddles on the sidewalk and keep your home safe, clean and comfortable. Call Air-Tro today at (626) 357-3535.



The Whole House Fan:

An Essential Part of Any Fall Indoor Comfort Strategy

It gets hot here in the San Gabriel Valley, especially during the fall. But few people really understand the impact a whole house fan can have on indoor temperatures, especially on the warm days of September, October and November. Whatever the daytime highs, you can leverage the cooler air of a San Gabriel Valley fall evening to last into the next day by installing a whole house fan.

And another surprise for most of our HVAC clients? This equipment can play an important role in keeping energy usage and overall utility costs down, while improving indoor air quality significantly.

These fans are easy to use. Turn one on in the evening and they work utilizing something called negative pressure. If you open all the windows at the same time you run it, it will pull all the cool nighttime air from outside your home into the inside, while simultaneously pushing all hot, stuffy air up into the attic or upstairs crawlspace. Ultimately this hot air will escape to the outside through the attic vents.



Cheaper Than Your HVAC System

A whole house fan is cheap to run, costing pennies on the dollar compared to a typical day of HVAC. Indeed, studies show this equipment uses about 15% of the energy that an HVAC system requires. Along with helping your air conditioner to last longer because it doesn't have to work as hard, a whole house fan also distributes nighttime air quite effectively,

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meaning your house will remain cooler into the following day. If you're vigilant about shutting the blinds and closing windows during the hot San Gabriel Valley fall afternoons, this cooler air translates into less HVAC use then, too.



Improved Air Quality and Less Smelly Smells

Whole house fans freshen your indoor air, removing odors, and household

irritants as it circulates the cooler, clean air from outside around your home. This improved air quality translates into

less pet dander, unwanted gases and other chemicals than you'd otherwise be breathing while indoors.

Leave It to the Experts

Most whole house fans run very quietly, and when installed correctly, can become an indoor comfort workhouse of your home, especially during the fall months. However, don't trust their placement to just anybody. Only a trained HVAC specialist can ensure it is placed correctly within your house to cool most effectively. If you don't have a whole house fan yet, consider discussing their purchase and installation with your local HVAC expert.

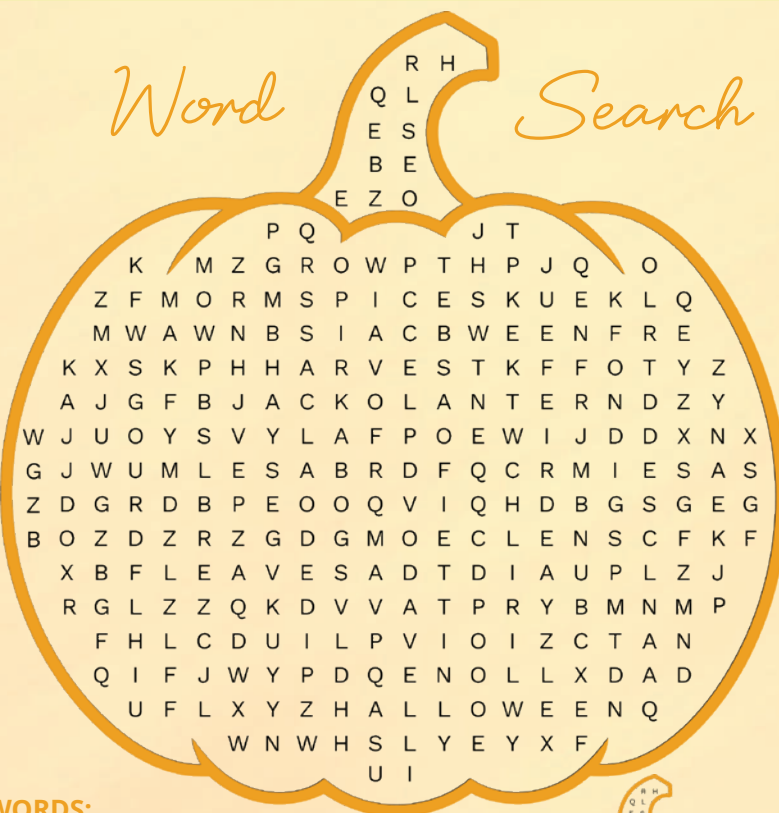
Call Air-Tro today to review best practices for their usage, as well as which model will be right for your home. You'll save money and stay comfortable, all season long.



Word

Search

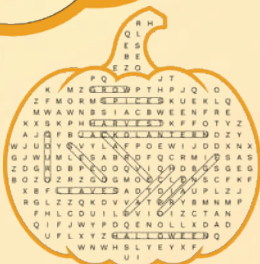
Coupons



WORDS:

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We've been Air-Tro customers for over 20 years, and the HVAC system they installed in 2005 is still going strong thanks to their excellent care and maintenance. This spring Paul expertly diagnosed and fixed a leak, helping keep our unit running strong. We're so grateful to Paul and the whole Air-Tro crew! –Kendra N.

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Homemade Pumpkin Spice Latte

Ingredients

- 2 tablespoon pumpkin purée
- ½ teaspoon pumpkin pie spice *plus more for serving*
- 1 ½ tablespoon cane sugar
- 1 tablespoon vanilla extract
- 2 cups milk *warmed*
- ½ cup strong coffee or espresso
- Whipped cream *for serving*

Directions

1. Using a high speed blender add all the ingredients except for the coffee: pumpkin purée, pumpkin pie spice, cane sugar, vanilla extract and milk. Blend until smooth and consistent. Then pour the hot coffee into the blender and blend again until it's all mixed together – about 2 minutes all together.
2. Pour the latte into two cups and garnish with whipped cream, pumpkin spice, if desired.
3. Store any leftovers in an airtight mason jar. It will last about 24-48 hours in the fridge.



Source: <https://feelgoodfoodie.net/recipe/homemade-pumpkin-spice-latte/>